

INDIVIDUAL COACHING

EXECUTIVE COACHING

Executive Coaching is a high-level, customised, one-on-one program for aspiring and current leaders. It focuses on the development of the client to ensure they reach their full potential.

Kara's coaching engagements begin with gaining a thorough understanding of your personal goals, values, strengths, weaknesses, and behavioural traits. To effectively lead and influence others, executives must first have a insight into their own behaviour. With a higher-level of self-awareness, they can use their strengths and values to better lead others.

Executive Coaching focuses on areas in which you would like to grow professionally. This may include:

- Self-leadership.
- Goal setting and achieving.
- Productivity.
- Communication.
- Leading and managing others.
- Better work/life balance.

INCLUDES

- 1 x 90-minute strategy session
- 12 x 90-minute coaching sessions
- 1 x 60-minute follow-up session
- Strengths Finder 2.0 assessment
- Action sheets and monthly progress reports
- E-mail access throughout the entire program
- BONUS access to three video courses
- Sessions are available via Skype/Zoom or face-to-face in Perth, Australia.
- Price starts from \$9,500 AUD. Payment plan is available.

LEADERSHIP BRAND COACHING

Leadership Brand Coaching is an exclusive program for aspiring and current leaders who want to grow their visibility in business and take their reputation to the next level.

You will start by getting valuable insights into how others perceive you. You will uncover weaknesses in your current leadership brand and learn why you're not being perceived the way you would like. You will get strategic guidance, encouragement and be pushed to reinvent yourself clearly and confidently.

Leadership Brand Coaching has a heavy focus on growing your reputation and visibility in business. This may include:

- Becoming recognised as an authority or an expert.
- Transitioning to a new career path and reinventing yourself professionally.
- Positioning yourself for a leadership role.
- Gaining more confidence, and projecting more power and authority in the boardroom.

INCLUDES

- 1 x 90-minute strategy session
- 12 x 90-minute coaching sessions
- 1 x 60-minute follow-up session
- Peer assessments and leadership brand assessment
- Action sheets and monthly progress reports
- E-mail access throughout the entire program
- BONUS access to three video courses
- Sessions are available via Skype/Zoom or face-to-face in Perth, Australia.
- Price starts from \$9,500 AUD. Payment plan is available.

3-SESSION POWER PACKAGE

If you have a specific area you would like to focus on that does not require a long-term engagement, Kara can design a shorter coaching program for you.

In three coaching sessions, Kara will guide and support you to overcome the obstacle that stands in your way and strategise how you can move forward in that particular area of your career. This program will only focus on one or two areas of your leadership development. Please talk with Kara to discuss your needs.

The 3-Session Power Package can focus on areas such as:

- Executive style & grooming.
- Confident, powerful body language.
- Assertive communication in the workplace.
- Getting heard in the boardroom.
- Social skills to interact better in the workplace.
- Your digital and online presence.

DETAILS

- 1 x 30-minute strategy conversation
- 3 x 60-minute sessions
- Worksheets and action sheets
- E-mail access throughout the entire program
- BONUS access to three video courses
- Sessions are available via Skype/Zoom or face-to-face in Perth, Australia.
- Price is \$1,495 AUD. Payment must be upfront.
- All sessions must be taken within 3 months.

All prices quoted are in AUD. All coaching sessions are with Kara Ronin.



ABOUT KARA RONIN

Kara Ronin is the founder of Executive Impressions. She is an executive coach who specialises in leadership branding, communication and reputation building. She is also the creator of Bestselling Udemy course, Business Etiquette 101: Social Skills for Success.

Kara works with senior to executive level clients from banking, law, accounting, and finance to help them build leadership presence and improve their leadership brand, reputation and communication in business.

She has written for TIME, Business Insider, The Local France, YFS Magazine among others, and has been quoted in MSN.com, The West Australian, The Advertiser, Business Insider and Ingnites Europe. Since 2015, she has been voted as one of the Top 100 Leadership Experts to follow on Twitter (@execimpressions).

Her speaking engagements have included talks at Geneva Business School, Chartered Accountants Australia and New Zealand, and other associations and groups. She regularly shares her insights in podcast interviews which you can find on the Media page of her website.

Prior to starting Executive Impressions, Kara spent over 10 years living an international life in Japan, the USA, and Europe. She speaks Japanese as well

as French. Her corporate experience includes working for a Japanese trading house and for one of the Big 4 accounting firms in Tokyo as an international tax consultant.

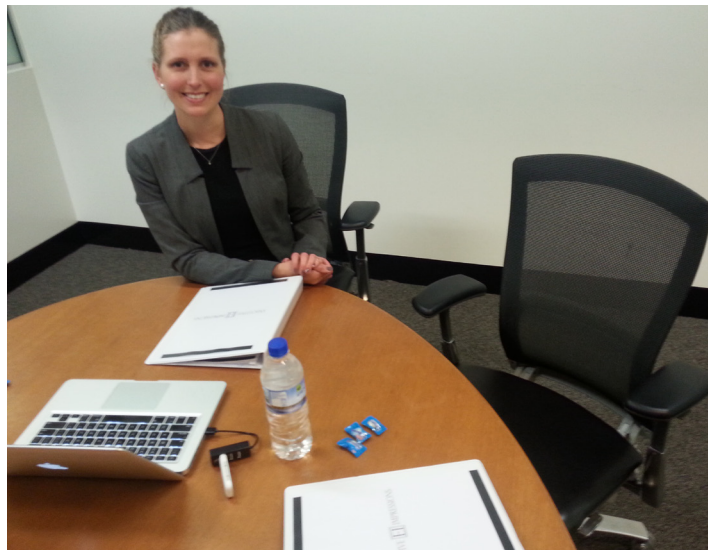
Kara uses a unique, results-oriented and modern approach to leadership development to help professionals build an influential presence, develop strong relationships in business, and grow their success.

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- **LinkedIn:** www.linkedin.com/in/kararonin

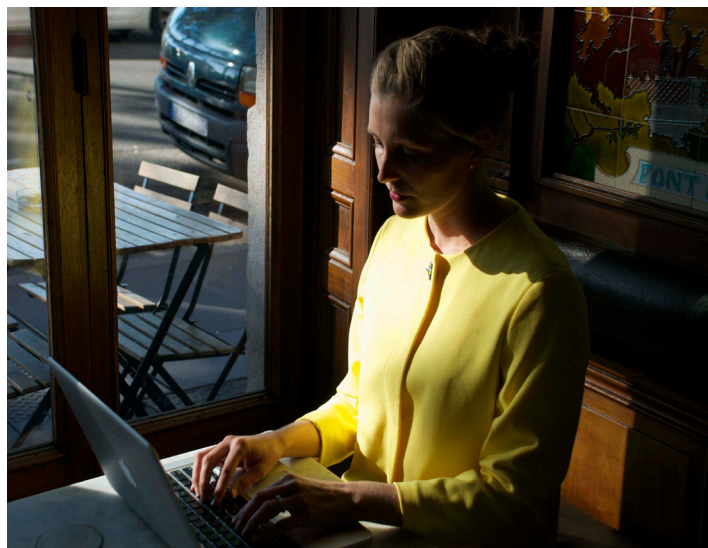
SATISFIED CLIENT TESTIMONIALS

WHAT OTHERS SAY

"I run my own law firm, manage a successful team, and decided this year was the time to finally invest in myself. I wanted to perfect what I had identified as pressure points. I began working with Kara looking to boost my confidence, project authority better in high-pressure situations (like representing my clients in court), and to feel more on-top of my schedule and time management. Because of our coaching sessions, I now feel more confident and empowered in my professional life. I communicate with more clarity and less self-doubt. I've also improved my networking ability (which is something I always avoided before). Kara is a talented coach. She is dedicated, generous and genuinely cares. I'm so glad I decided to work with her and unequivocally recommend her services." - **Lynette Wen, Principal of Ideal Legal Services, Notary Public, Lawyer.**



"Mrs Ronin drew from her international experience to provide students with a structured approach and some solid practical advice. She shared invaluable tips and motivated students to implement and improve their profiles through the advanced resources she made available to GBS students. We'd like to thank Kara for her professionalism and the enthusiasm and advice she shared with our students. It was a real pleasure to have her with us as a guest speaker and we are confident to recommend her." - **Pierre Hugot, Geneva Business School.**



"The leadership presence workshop with Kara was a real eye opener, I learned a lot about myself and some of the weaknesses I have, this was daunting at first. Embracing the simple but effective strategies Kara taught me has helped address these weaknesses and I'm now working to improve my leadership presence every day. I highly recommend anyone to give this workshop a go!" - **Darren Jones, Partner, Woollett Partners.**

"I registered for the Leadership Communication Masterclass because I struggled in assertive communication. What I liked best about this workshop was learning how to say "no" and face my fears. I think it will help me across the board in my business life - as a Director of a team and in negotiating with stakeholders. I really felt supported, guided and understood in this workshop." - **Isabella Mitchell, Director & Founder of The Meet Up Collective.**



"After meeting Kara at a networking function and being instantly impressed by her professionalism and presence I attended her Leadership Presence Masterclass. I enjoyed the class and walked away with several insights and a number of changes to implement straight away. I also found the class a great opportunity to meet and connect with a few other professionals who are also in or on their way to being in leadership positions." - **Cara Graham, Director & Wealth Adviser at TWD.**